

Save The Date Saturday, May 9th for the Moon Valley Morning Market

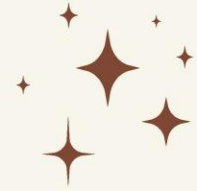
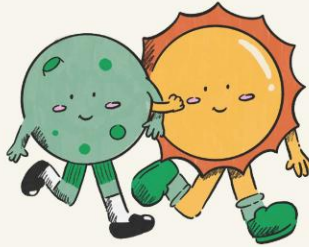
By Jena Ritchie NBC-HWC

Moon Valley shines as a close-knit community where wellness, connection, and neighborhood spirit come together. As more families prioritize well-being, natural health, good nutrition, and physical movement remain at the forefront. From mindful eating to staying active, residents are embracing simple, sustainable habits that support long-term vitality. Moon Valley Chiropractic plays an important role in this journey, offering conscientious chiropractic care helping patients look, feel, and move their best.

Community engagement is also key to a healthy lifestyle. So be sure to save the date for the Moon Valley Morning Market, happening the day before Mother's Day on Saturday, May 9, 2026, from 7 a.m. to noon in Moon Valley Plaza (7th Street and Coral Gables). Residents are encouraged to bring family and friends to celebrate the values that make this community thrive—health, connection, and local support.

The market offers something for everyone, featuring local vendors, crafters, artisans, handmade goods, and family-friendly time together. It's the perfect chance to enjoy a fresh morning outdoors, support small businesses, and spend quality time with neighbors. Whether you're picking up a thoughtful Mother's Day gift or simply enjoying the friendly atmosphere, the event captures the vibrant energy that makes Moon Valley special.

For details, see the flyer insert in this month's Tattler or online. To inquire about vendor space, contact Moon Valley Chiropractic at 602-298-0292. We are your trusted neighborhood resource for expert chiropractic care and natural, holistic wellness.



MOON VALLEY MORNING MARKET



MAY 9, 2026

DAY BEFORE MOTHER'S DAY

7-NOON

Moon Valley Plaza
7th Street & Coral Gables



Come celebrate Moon Valley Moms
at our May Pop-Up Market

